

Contributed anonymous quotes to ponder from the audience and beyond...

• “Brittle masculinity, in the right setting, becomes political atrocity. Strength brings problems; weakness brings others, but weakness posing as strength is the most dangerous of all.” • “Manhood coerced into sensitivity is no manhood at all.” • “For many years I’ve felt the terms masculine and feminine are helpful, perhaps necessary, only when one is referring to attractiveness, mating, sex, and the like. I still hold this view; which is to say I think in all other instances...like discussions about human improvement, should simply be based on that. I see neither the benefit nor the need to parse us out into genders, or any descriptors thereof. Perhaps my view will change after watching this film.” • “As a man, there are many things, big and small, that I feel very pressured to do (or, more often, to abstain from) that don’t always match my values and goals. I hate to hide my emotions from my loved ones. I hate being expected to ‘make the first move’ in romance (I’m shy and poor at reading ‘hints’). I hate seeing my friends and family failing to pursue things they want, or worse, being dishonest with themselves.” • “It’s hard enough to be a person in any age. But the modern man has to navigate the traditional molds of masculinity—keeping the useful traits and shedding the outdated aspects—while creating a new and dynamic idea of a man in the ever-changing modern world. Fathers face the double challenge of learning this new way of ‘being a man’ fast enough to model it for the younger generation, like laying down track in front of a speeding train.” • “Men are recognizing that they have been forced to conform to a very narrow and rather two-dimensional picture of maleness and manhood that they have never had the freedom to question.” • “I’m not interested in a world where men really want to watch porn but resist because they’ve been shamed; I’m interested in a world where men are raised from birth with such an unshakable understanding of women as living human beings that they are incapable of being aroused by their exploitation.” • “There are different perceived maturity expectations and standards for young men of color. Tween and teen black boys are considered by society (and thus police) to be exponentially more threatening than white boys of the same age. What if children with blue eyes were singled out in this way?” • “Society and police have standards of acceptable behavior for everyone. If a person, regardless of color, steps outside the acceptable standard they will gain additional attention. We need to get to a place where we let young men know what the acceptable parameters are. As a police officer myself, one problem I have seen in communities of color is the absence of positive male role models. I think many of them just don’t know what to do and choice of friends is a crucial factor in their behavior.” • “We men must first stop treating ourselves as mechanical thrill-generators—pleasure-machines of the dumbest order. We’re spiritual beings. Let’s start by deepening our common concept of humanness, and recognize that spiritually we’re men and women are one and the same.” • “In our current culture, masculinity is too often tied a sense of being ‘tough’, when the focus should be on being responsible for yourself and those you care about.” • “I think of how disappointing it is to find a man who can toil and sacrifice anything to have a great physique but seems incapable of resisting a single temptation. If a man does not possess interior strength, he is a walking contradiction of what it means to be a man.” • “I think true masculinity comes from having a strong sense of self.” • “I refuse to take shit. I took enough of it when I was a kid. I ran away—I don’t ever want to do that again. If someone smacks me, it’s reason to fight to the death.” • “...power leads directly to a sense of entitlement and superiority and to expressions of racism and sexism. These are not innate flaws, they are learned through observation. We will all have to find a better way if we ever truly want to live in a fair and equal society.” • “Tell me what a man finds sexually attractive and I will tell you his entire philosophy of life.” • “Many modern forms of ‘sexism’ are in fact the offspring of a materialist culture that objectifies *everyone* indiscriminately. It is symptomatic of a deeper culture of thrill-seeking and hedonism that affects both boys and girls.” • “As a man who grew up with few male role models and now being a single father of two daughters in middle school, the topic offers a dose of introspection as well as insights into the young men my daughters will begin dating. I need to think more about how I can prepare myself to be a positive role model to these young men as well as giving my daughters support in their choices of who they are dating.” • “It is very tiresome to try and navigate society for anyone nowadays, not just males, as societal norms change faster than the weather. Social media plays a huge role in this, as it grants access to these changes to the masses.” • “It’s great to listen to men talk about sports or fights or war or even hunting sometimes, but the presence of the other, the presence of art and beauty, which crude masculinity seems to discount, is essential. Real civilization and real manhood seem to me to include those.” • “Sometimes, how you ingest this idea of masculinity as projected onto you by the world could be the difference of life and death.” • “Masculinity is not something given to you, but something you gain. And you gain it by winning small battles with honor.” • “Because there is very little honor left in American life, there is a certain built-in tendency to destroy masculinity in American men.” • “The solution is not that women become as deluded and pleasure-seeking as the men. But that men and women both, and in companionship, learn to be more dignified and self-disciplined. In a word, spiritual. What men can do to help undo the oppression of women is to start treating themselves as spiritual beings that just happen to have been put in a male body. Their souls could’ve just as well been expressed through a female body.” • “Is it possible that men (like me) have a great desire to temporarily absorb beauty through the images of women? I keep thinking of those quotes in the article that refer to sucking up beauty or a want to ascertain it in one way or another. Maybe this is because society tells men that they cannot be beautiful. Men do not/cannot attain beauty other than by fantasizing about possessing beautiful things. How sad is it to believe that regardless of who you are, you will never be beautiful.” • “No doubt they’ve been told that manhood is achieved by conquering women for the sake of themselves. The truth is that real authentic manhood is conquering yourself for the sake of others.” • “In the meanest are all the materials of manhood, only they are not rightly disposed.” • “I come from a country whose idea of masculinity is quite extreme, and I’ve grown up around a lot of that energy. I’ve been part of that a lot. And it’s very draining; it’s quite tiring trying to be macho.” • *Thank you.*

Casual Reception Discussion Space (tonight, 8:45 PM - 11:00 PM)

Meet us afterwards at the special space provided by Wilde Café & Spirits, 65 SE Main St., and enjoy the special menu put together for us (attached). Our section will have our place cards on each table. You'll place your food and drink orders with and pay through the bartender.



Event Sponsors

M. Paradise Photography • mparadise-photography.com • I love volunteer opportunities of all shapes and sizes, photography-related or not. Thank you for joining me in tonight's endeavor!



Twin Cities Dads Group • www.TwinCitiesDadsGroup.com • chris@twincitiesdadgroup.com • We're a group of involved fathers who meet socially in the Minneapolis/St Paul metro area. We take our kids to parks, playgrounds, zoos and museums, and sometimes we get together with just the dads. We're one of 35 cities in #CityDads, with over 12,000 dads nationwide.



Twin Cities Men's Center • www.tcmc.org • We're delighted to support the underlying premise of this ground breaking film. Although this is a one night showing, we focus on the themes raised in this film 365 days a year. We will be there to support you!



Lake Monster Brewing • www.lakemonsterbrewing.com • "As fathers of boys and local community members, we want to thank all who support this cause. Truly." --Owners, Lake Monster Brewing • *From Loch Ness to Lake Pepin, lake-dwelling cryptids have fascinated explorers and passers-by for centuries. While skeptics might consider the existence of Lake Monsters to be exaggerations, misinterpretations or even fabrications, others believe in a world of mysteries yet to be solved and depths yet to be explored. These intrepid souls think it is worth the effort to venture beneath the surface in search of something unknown and extraordinary. We feel the same way about beer.*

Independent Mentions of Local Organizations Represented in Tonight's Audience

Center for Integrated Well-Being, Inc. • Jeffrey Jeanetta-Wark, MA., LICSW, Owner & Lead Clinician • (651) 698-0768 • centerforintegratedwell-being.com • Almost 30 years experience providing holistic outpatient psychotherapy to successfully treat spiritual impoverishment, trauma, stress and stress-related disorders, parenting adolescent males with greater love, logic and limits, loss, anxiety, depression, grief and panic disorders, healing addictive/compulsive behaviors, and relationship for people who are adolescent and older. I support the needs of couples, individuals and families, facilitate men's groups and classes, run retreats, give workshops, provide supervision, consultations, and educational trainings.



JoyFest 2018! • www.facebook.com/events/496155914160549 • joyful.noize productions@gmail.com • christopher.d.lear@gmail.com • (612) 207-0649 • JoyFest is an annual celebration of music, story, and comedy to promote local non-profits. This year we celebrate Foster the Love MN (www.fosterthelovemn.org), the only organization in the state that supports foster parents. Join us Aug. 18th, 6pm, at Sisypheus Brewing for a night of fun and fundraising. A good time for a great cause!!



Minnesota Jewish Theatre Company (MJTC) • mnjewishtheatre.org • (651) 647-4315 • info@mnjewishtheatre.org • Join us for our 24th season of igniting minds and hearts of people of all cultural backgrounds! MJTC is the award-winning, longest-running, independent professional theater in the United States focusing on Jewish history and culture. UP NEXT: *What I Thought I Knew* by Alice Eve Cohen. *An infertile woman named Alice finds herself unexpectedly 6 months pregnant. Based on true events and the book hailed by Oprah as "darkly hilarious...an unexpected bundle of joy," this heartfelt journey through a high-risk pregnancy and the American health care system is told with honesty and humor. Limited run: August 18-30, 2018.*



Neighborhood House • neighb.org • (651) 789-2500 • We're known among program participants as a safe, welcoming place where people can come for culturally appropriate programs and services. We achieve this mission by meeting basic needs and offering lifelong learning opportunities that create pathways out of poverty for nearly 15,000 participants annually. We are a multi-service agency, providing wrap-around services for people when they need it most. Neighborhood House helps people with basic needs, education, multiple youth programs, and health and well-being. All of our programs are offered for free to participants.



Reclaim! • reclaim.care • "Reclaim!: Helping You Be You. Thanks for all the love you give!!" --Cole & Gretchen Nicholls

Walk-In Counseling Center (partner sites at Family Tree Clinic and Neighborhood House) • (612) 870-0565 • walkin.org • When you talk, we listen. Are you worried, anxious or afraid? Sad or depressed? Concerned about a relationship? Stressed about work or family? No fees, no appointment needed. Services by professional counselors. You can remain anonymous. Ongoing counseling is available. Llámenos para obtener información acerca de los servicios en español.



Washburn Center • www.washburn.org • (612) 871-1454 • We offer access to quality children's mental health care in the setting that's best for the child: home, center, community or school. Our nonprofit's mission nurtures every child and family's well-being and full potential through transformative children's mental health care.

