



Men Breaking Free: *A Wholistic Guide to Authentic Manhood*



AMP
Authentic Manhood Programs

Making good men legendary.

AMP guides men who feel isolated, angst-ridden, or discontented through enriching gatherings, usable life practices, and skills so they can authentically and meaningfully thrive as inspired leaders of personal and social solutions for themselves and for others.

Subscribe!



CAMPFIRE, housed under Authentic Manhood Programs and launched in May 2023, is our semi-monthly check-in for and about men and those who care about them.

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Tickets:



Saturday, October 26, 2024, 10am-12pm
(doors at 9:30am)
1762 Hennepin Ave. S, Minneapolis



Join us for an empowering presentation and discussion, open to all adults and genders. This Authentic Manhood Programs (AMP) event provides a comprehensive approach to authentic manhood, blending emotional intelligence, mental well-being, spiritual perspectives, and relational skills. With over 90 years of combined experience, Dr. Mike Obsatz and Jeffry Wark guide participants through interactive discussions, offering practical tools and strategies to navigate modern challenges and embrace a more genuine self. This event fosters growth, connection, and a deeper understanding of what it means for men to live authentically.

All ticket holders are invited to an optional off-site post-discussion meetup that follows the event.

Ticket Purchases:

\$45 by 5pm Fri., Oct. 25th/\$50 at door
Purchase at <https://square.link/u/ay0D5jJX>

More on Dr. Obsatz: lifesjourney.us/collection-of-videos-by-dr-michael-obsatz
More on Jeffry: authenticmenstherapy.com/about-me